

# Measures of Impact

## Year Four

In Year Four of the Family of Support partnership, some programs established or expanded in early years grew, serving additional patients and families or training additional professionals. In a couple of cases, hospitals added new programs because the activities they had launched in Year One matured and succeeded so quickly that they were able to take on new projects. In still other cases, complex multi-year research and knowledge-mobilization initiatives simply continued along their intended paths, gathering evidence and sharing insights to improve the standard of mental health care for children and youth over time.

## Interpreting the Numbers

The scorecard on the following pages will help everyone involved with our partnership track progress over time against the goals we have established together. Even as we strive to make gains on these measures, it is important to note that there are many factors health care providers, including Canada's 13 children's hospitals, cannot control. The COVID-19 pandemic is a vivid example of a disruption outside hospitals' control. More common factors – from economic upheavals to major policy changes – also affect health care programs. In our reports to the Steering Committee, we will strive to provide useful context and share both quantitative and qualitative measures of impact to provide an accurate picture of successes and challenges.

Member Foundation	Program Name	Year Four			
		Assessments	People Trained	Patients Served	Treatment Spaces
<b>Alberta Children's Hospital Foundation</b>	Mental Health Research 4 Kids	✓	—	—	—
<b>BC Children's Hospital Foundation</b>	Integrated Pain Program – PainCare360	—	✓	—	—
<b>Children's Health Foundation</b>	Transition Care Program	—	✓	—	✓
<b>CHEO Foundation</b>	Child and Youth Counsellor (CYC) in Emergency Department	✓	✓	—	—
	Dialectical Behaviour Therapy Program (DBT)	✓	✓	✓	—
	Head to Toe Program (H2T)	✓	✓	✓	—
<b>The Children's Hospital Foundation of Manitoba</b>	PRIME: Partnering for Innovation in Mental Health through eHealth Excellence	✓	✓	✓	—
<b>CHU Sainte-Justine Foundation</b>	Innovations in Care and Training	✓	—	—	—
<b>IWK Foundation</b>	The Learning Link	✓	✓	✓	—
<b>Janeway Children's Hospital Foundation</b>	Child and Youth Advocacy Centre <i>Program affected by factors beyond hospital control. See separate communication from CCHF.</i>	—	—	—	—
<b>Jim Pattison Children's Hospital Foundation</b>	Mental Health Intensive Care Room	✓	—	✓	✓
	The STC Mobile Health Bus	—	—	✓	—
<b>McMaster Children's Hospital Foundation</b>	Pilot Program: Virtual Reality Cognitive Behavioural Therapy	—	—	✓	—
<b>The Montreal Children's Hospital Foundation</b>	Centre of Excellence for Adolescent Severe Obesity (CEASO)	✓	✓	✓	—
	Family-Based Therapy (FBT) for young people with eating disorders	✓	✓	✓	—
<b>SickKids Foundation</b>	Neuropsychological Assessments to Support Early Intervention	✓	—	✓	—
<b>Stollery Children's Hospital Foundation</b>	Transforming Pediatric Mental Health Care	✓	✓	✓	✓

## YEAR FOUR SCORECARD

The table below shows total figures for all hospitals, combining data from diverse programs. The figures show progress in all areas. In two of the four categories – treatment spaces and assessments – children’s hospitals have already exceeded their five-year targets.

### Care and Training Totals, All Programs Combined

Family of Support Program Year	Assessments	People Trained	Patients Served	Treatment Spaces
Year One	7,485	313	10,281	10
Year Two	17,567	6,897	16,260	26
Year Three	13,906	2,134	49,433	13
Year Four	21,837	3,640	17,209	5
<b>Cumulative Total</b>	<b>60,795</b>	<b>12,984</b>	<b>93,183</b>	<b>54</b>

### Care and Training Results in Year Four, by Program

Member Foundation	Program Name	Year Four				Additional Information
		Assessments	People Trained	Patients Served	Treatment Spaces	
<b>Alberta Children's Hospital Foundation</b>	The Summit: Marian & Jim Sinneave Centre for Youth Resilience	<b>1,344</b> Research Registry: 144 Check-In Care Surveys: 1,200	—	—	—	The Centre opened in March 2023.
<b>BC Children's Hospital Foundation</b>	Integrated Pain Program – PainCare360	—	<b>1,771</b>	—	—	Improved pain care has the potential to affect every patient. In 2023, BC Children's Hospital had 93,000 in-person visits.
<b>Children's Health Foundation</b>	Transition Care Program	—	<b>3</b>	—	<b>2</b>	
<b>CHEO Foundation</b>	Child and Youth Counsellor (CYC) in Emergency Department	<b>1,102</b>	<b>8</b>	—	—	
	Dialectical Behaviour Therapy Program (DBT)	<b>110</b>	<b>9</b>	<b>71</b>	—	
	Head to Toe Program (H2T)	<b>874</b>	<b>2</b>	<b>78</b>	—	Each assessment can also be seen as a patient served, since the goal of the program is screening all patients for suicide risk.

## Care and Training Results in Year Four, by Program

Member Foundation	Program Name	Year Four				Additional Information
		Assessments	People Trained	Patients Served	Treatment Spaces	
The Children's Hospital Foundation of Manitoba	PRIME: Partnering for Innovation in Mental Health through eHealth Excellence	710	30	218	—	
CHU Sainte-Justine Foundation	Championing Mental Health Care and Training at CHU Sainte-Justine	4,000 Approximate	—	—	—	
IWK Foundation	The Learning Link	3,424	1,210	3,102	—	
Janeway Children's Hospital Foundation	Creation of a New Child and Youth Advocacy Centre in Newfoundland and Labrador	Program paused	Program paused	Program paused	Program paused	Program affected by factors beyond hospital control. See separate communication from CCHF.
Jim Pattison Children's Hospital Foundation	Mental Health Intensive Care Room	1,498	—	1,002	2	
	The STC Mobile Health Bus	—	—	400 Approximate	—	
McMaster Children's Hospital Foundation	Pilot Program: Virtual Reality Cognitive Behavioural Therapy	—	—	50	—	
The Montreal Children's Hospital Foundation	Centre of Excellence for Adolescent Severe Obesity (CEASO)	56	23	533	—	
	Family-Based Therapy (FBT) for young people with eating disorders	114	2.7 FTEs	110	—	The partial figure under "people trained" results from trained staff members who are available to the program part-time. For simplicity, we round it up in totals and graphics.
SickKids Foundation	Neuropsychological Assessments to Support Early Intervention	127	—	113	—	
Stollery Children's Hospital Foundation	Transforming Pediatric Mental Health Care In Alberta Emergency Departments	8,478 Emergency Department: 2,389 Stollery Walk-In Clinic: 139 Urgent Psychiatric Clinic: 318 Crisis Team: 322 + 5,310 (phone)	581	11,532 Emergency Department: 2,389 Stollery Walk-In Clinic: 139 Urgent Psychiatric Clinic: 318 + 1,838 (phone) Crisis Team: 322 + 5,310 (phone) + 1,207 (proactive follow-up calls)	1	